

## York Festival of Ideas 'A Simple Binding' - Follow up Information

Books – the following book choices are well-illustrated and cost between £10 - £20 on Amazon. They all describe starter projects with basic materials, the first book being the most basic and the last more advanced.

- Bound – Rachel Hazell
- Craft Bookbinding – Linda Oriss
- Making Books – a guide to creating hand-crafted books by the London Centre for Book Arts.
- Making Handmade Books – Alisa Golden
- Bookbinding, a step-by-step guide – Kathy Abbott

### Courses UK

- Society of Bookbinders – a good mix of amateur & professional members - as a member you will belong to a regional group and courses vary from region to region. Good well-illustrated journal.
- Shepherds Bookbinding – the Art of the Book – an instructional poster that you make into a single section book, with an accompanying instructional video.  
<https://store.bookbinding.co.uk/store/departments/123/THE-ART-OF-THE-BOOK/>
- Citylit
- City & Guilds of London Art School
- West Dean College
- <http://craftcourses.com/>

Many individual bookbinders run courses from their own studios – just search 'bookbinders' – some courses will be online, others face to face.

### Materials/Equipment

Youtube video for hole punching cradle – '**How to make a collapsible punching cradle**' by The Preservation Lab: <https://www.youtube.com/watch?v=jj0h8DASf18>

There are other videos on how to make the cradle but this one can be made from 2mm/2000 micron grey board bought on Amazon or Ebay. Buy the **grey board** as 1 A2 sheet so that you can have the grain direction running the length of the cradle. You could also use 2mm mount board. Remember the cloth strip covering the 90 degree angle in the bottom of the cradle should have the warp thread running the length of the cradle (the warp runs the length of the cloth, the weft goes across).

You can also buy a punching cradle, such as this one: <http://www.timetocreate.co.uk/product/hole-punching-cradle-a4/>

J Hewit & Son sell **linen sewing thread** – varying weights of thread numbered 16 - 40 which indicates the gauge of the thread and a second number which indicates the number of threads/ply. For example 25/3 is a good general purpose thread. The higher the first number, the thinner the thread – so 40/2 is very thin and 16/4 thick. The same supplier sells **dyed 18/3 linen thread**, £3.70, and also the **Japanese screw/drill punch** with 7 bits for £79.20, so not cheap & not essential when starting bookbinding.

You can find cheaper suppliers for the Japanese screw/drill punch, such as Amazon, Preservation Equipment, London Centre for Book Arts, etc. They vary in price and will also vary in quality, even though they look very similar - some of the drill bits will be sharper than others, and some of the screws will hold the drill bits in place more firmly than others. They also all come with a different number of drill bits, so do check the product description carefully.